

Critical Care Corner

PRESIDENT'S CORNER

Mary Lou Warren, DNP, RN, CNS-CC, FCCM

A belated best to all of you in honor of Critical Care Awareness and Recognition Month! On behalf of the leadership team of the Texas Chapter, I would like to recognize all the contributions our members provide through clinical practice, education, and quality and research. Our contributions are key in ensuring that the best care is being provided to the critically ill and their families. However, we are being challenged to ask ourselves if the best care is actually high-value care. Our current president of SCCM, Dr. Jerry Zimmerman, addressed this challenge in his Presidential Address at National Congress and also in his first President's Message found in Critical Connections. I would like to highlight some take home messages that we can all learn from and apply in our practices.

Most people might associate high-value with cost reduction alone; however, this is not the case. Outcomes related to cost define values, and outcomes include the patient's experience as well as the provider's. What we do on a day to day basis should focus not on quality, but on value. Are we going to get the best outcomes as it relates to the overall cost? Dr. Zimmerman offered several basic interventions in controlling waste while providing high-value care:

- Don't order tests at regular intervals
- Don't transfuse stable patients
- Don't prescribe TPN
- Don't deeply sedate intubated patients
- Don't continue life supporting care at the end of life unless you also offer comfort care

National SCCM participates and provides many tools to promote high-value ICU care. SCCM endorses the Choosing Wisely Initiative which encourages communication between providers and patients to avoid unnecessary tests, treatments, and procedures. To be successful, we need to engage senior leadership in the benefits of the initiative, develop projects and measure outcomes to demonstrate the benefits, and ensure that we teach the concepts of high-value care in our training programs across disciplines.

As a chapter, we will be highlighting the Less is More presidential theme at our 7th annual symposium set for October 19 and 20, 2018 in Dallas, Texas. The Symposium Planning Committee is actively putting together a stimulating agenda of thoughtful presentations to highlight evidence and outcomes in providing high-value ICU care. We are also excited to be able to offer both a pediatric and adult Fundamental Critical Care Support (FCCS) course as preference learning opportunities. Stay tuned for more updates, and visit the chapter website for additional information.

Until next time, I would like to challenge our members to investigate the Choosing Wisely Initiative and see what we can do in our practices to evaluate if less really is more. I encourage you to join us in Dallas in October at our annual Symposium. Feel free to contact me at president@sccmtexaschapter.org.

Sincerely,



Mary Lou Warren, DNP, RN, CNS-CC, FCCM
President, Texas SCCM Chapter



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www.sccmtexaschapter.org



SCCM Texas Chapter



@SCCMTXChapter



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SYMPOSIUM COMMITTEE UPDATE

Reagan Collins, PharmD, BCCCP

Mark your calendars for the 7th Annual Symposium for the Society of Critical Care Medicine – Texas Chapter which will be held on Friday, October 19th and Saturday, October 20th at the Texas Health Presbyterian Hospital in Dallas, Texas.

This year the theme will be “Less is More in Critical Care” and we expect it to be an exciting event packed with outstanding speakers. Stay tuned for the symposium presentation schedule and registration details that will be released very soon! We are also excited about the Adult and Pediatric Fundamentals in Critical Care Support (FCCS) courses being offered the two days prior to the Symposium in Dallas, more details to come! Additional Information regarding the symposium is available at: <http://www.sccmtexaschapter.org/annual-symposium/>.

If you are interested in joining the symposium planning committee or have any questions, please contact the Symposium Committee Chair, Reagan Collins (symposium@sccmtexaschapter.org).



“What I enjoy most about being a member of the SCCM Texas Chapter is the ability to collaborate and network with colleagues from various professions, hospitals, and cities across Texas.”

*Michael Sirimatueros, PharmD, BCNSP, BCCCP, FCCM
SCCM Texas Chapter member since 2008*

ANNUAL CONGRESS

48th Critical Care Congress
February 17-20, 2019
San Diego, CA

Connect with colleagues, network and collaborate with critical care experts, and explore new tools, technologies and processes at the Society of Critical Care Medicine’s (SCCM) 48th Critical Care Congress. The Society’s Congress is the largest critical care event that brings together all members of the multiprofessional, multidisciplinary team. This four-day event will feature internationally renowned faculty and content sessions highlighting the most up-to-date, evidence-based developments in critical care medicine.

SCCM TEXAS CHAPTER ANNUAL SYMPOSIUMS— A QUICK GLIMPSE OF PAST SYMPOSIUMS



Members at the 2016 SCCM Texas Chapter Annual Symposium—
Disparities in Critical Care.



COMMUNICATION COMMITTEE UPDATE

Lan Bui, PharmD, BCPS

The Communications Committee is responsible for the dissemination of information between our chapter and its members, and this is primarily done electronically via our chapter website (www.sccmtexaschapter.org), email (communications@sccmtexaschapter.org), and social media with our Facebook and Twitter accounts (@SCCMTXChapter).

Our wonderful committee members help keep communications among the chapter running smoothly: Annette Lista, PharmD, BCCCP (Newsletter Coordinator), Elizabeth Dozier, BSN, RN (Program Coordinator- Houston area), Anantha Vallipuram, MD (Program Coordinator- El Paso area), Amaris Fuentes, PharmD, BCPS, BCCCP (Website Coordinator), Donna Cota, DO (Social Media Coordinator – Twitter), and Mahmoud Sabawi, PharmD (Social Media Coordinator – Facebook). We are currently looking for volunteers to help with 1) Program **Coordinator-Dallas area**, 2) **Program Coordinator-San Antonio area**, and 3) **Social Media Coordinator – Twitter (starting in June 2018)**. If you are interested in any above positions or have any questions or comments about the SCCM Texas Chapter Communications Committee please email communications@sccmtexaschapter.org.

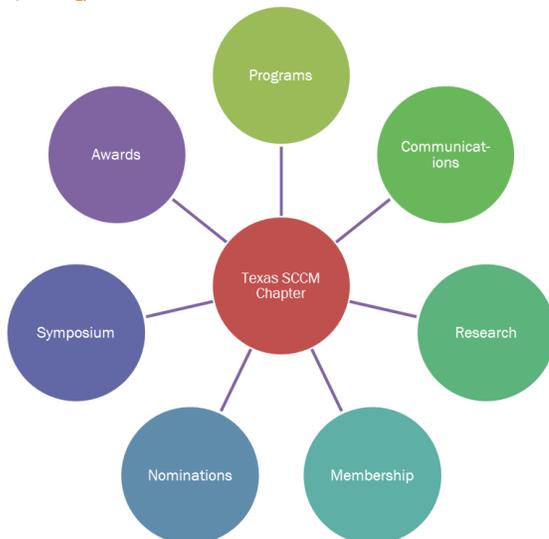
Look for our emails (texaschapter.sccm@gmail.com), website (www.sccmtexaschapter.org), Facebook or Twitter (@SCCMTXChapter) for meeting announcements or general organizational communications.

SCCM TEXAS CHAPTER COMMITTEES— VOLUNTEER OPPORTUNITIES

If you are interested in becoming more involved, join one of our committees!

- **Programs**—Organize regularly occurring chapter meetings
- **Communications**—Facilitate communication between SCCM Texas Chapter members
- **Research**—Assist the SCCM Texas Chapter membership in research endeavors
- **Membership**—Coordinate and promote multidisciplinary SCCM Texas Chapter membership
- **Nominations**—Coordinate and oversee the annual elections for the SCCM Texas Chapter
- **Symposium**—Develop continuing education for various disciplines for the symposium
- **Awards**—Acknowledge chapter leaders/members for accomplishments and contributions

Please contact committee chairs through their emails listed on the website (www.sccmtexaschapter.org).



FELLOW OF CRITICAL CARE MEDICINE (FCCM)

Fellows of the American College of Critical Care Medicine (FCCM) are practitioners, researchers, administrators and educators who have made outstanding contributions to the collaborative field of critical care.

MASTER OF CRITICAL CARE MEDICINE (MCCM)

The Master of Critical Care Medicine (MCCM) designation honors members who have distinguished themselves by achieving national and international professional prominence due to personal character, leadership, eminence in clinical practice, outstanding contributions to research and education in critical care medicine, or years of exemplary service to SCCM, ACCM, and the field of critical care medicine in its broadest sense.

ALAN I. FIELDS AWARD

On November 18, 2009, the Society of Critical Care Medicine (SCCM) Texas Chapter honored Alan I. Fields MD, FAAP, FCCM, with the Lifetime Achievement Award for his invaluable contributions to critical care medicine and to the Society.

Dr. Fields has received numerous awards throughout his career, including the Golden Apple Award at the Children's Hospital in Washington, D.C. in 1977 and the Physician Recognition Award from the American Medical Association in 1978. In 1989, he became a Fellow of the American College of Critical Care Medicine. In 1993, he received the Shubin-Weil Award for Excellence from the SCCM, and in 2009, he received the SCCM Distinguished Service Award. Additionally, Dr. Fields was a productive researcher and a dedicated professional servant.

Dr. Alan Fields retired from his lifelong profession and passion of pediatric critical care medicine in 2009. In recognition of his many accomplishments and contributions, the SCCM Texas Chapter has founded two annual awards in his name.

The Alan I. Fields Award is in recognition of Dr. Fields' many accomplishments in the field of critical care medicine. It is presented to members of the critical care profession for their scholarly work.

RESEARCH COMMITTEE UPDATE

Theresa Allison, PharmD, BCPS, BCCCP

It's annual symposium time!! We had a record number of abstracts submitted last year for the annual symposium. Additionally, we received extremely positive feedback on the new platform presentation style. We know members continue to do amazing research and would appreciate you sharing yours with us. Please submit a research abstract for this year's symposium, which will be at the Texas Presbyterian Hospital in Dallas Texas, October 19 – 20, 2018. **Abstracts may be submitted starting July 1st through midnight of August 24th.** If accepted your abstract will be presented as a 4-minute PowerPoint research snapshot platform presentation. Additionally, it will be considered for one of two awards for Best Symposium Abstract. Recipients will receive up to \$500 to be utilized for attending the symposium as well as free registration. Note, you can present it at the chapter symposium as well as the Annual SCCM Congress.

Application Process

- Application includes the abstract, a short bibliography, and a sign conflict of interest form
- Abstracts may be submitted starting July 1st at http://sccmtexaschapter.formstack.com/forms/sccm_symposium_abstract_submission
- All application materials must be submitted on-line by midnight (CDT), August 24th.
- There will be no exceptions for late submissions.

Please see the Annual Symposium tab on the Society of Critical Care Medicine- Texas Chapter website for more information.

Help is needed coordinating the abstract review! If you are interested in joining the Research Committee please contact us at research@sccmtexaschapter.org.

NOMINATIONS COMMITTEE UPDATE

Rebecca L. Attridge, PharmD, MSc, BCPS

The Nominations Committee is working to develop a program to assist members who are interested in submitting an application to become a Fellow of the American Academy of Critical Care Medicine (FCCM). The goal is to develop a program to connect candidates to current members who are fellows so that they can assist candidates with the lengthy application process. The Nominations Committee is seeking both current members who are already FCCMs as well as new committee members to help with this program and other initiatives.

Please email nominations@sccmtexaschapter.org if you would like to help! In addition, members who are interested in applying to be a FCCM can email for more information and to be connected to a current member who is already a FCCM.

SCCM TEXAS CHAPTER PROGRAMS—A QUICK GLIMPSE OF PAST PROGRAMS

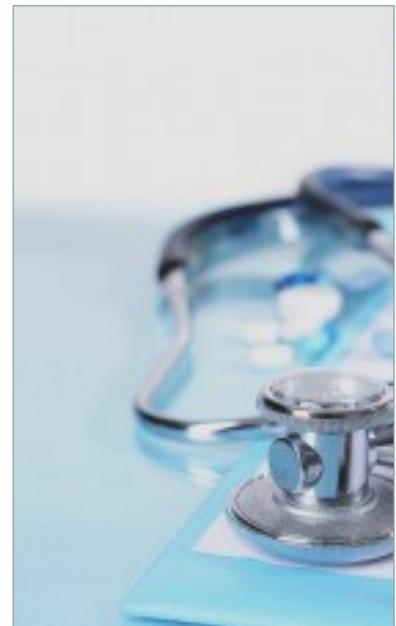


Jeremiah Johnson, MD and Peter Kan, MD presenting the latest research findings on acute stroke and cerebral aneurysm to a captive audience of critical care providers and caregivers in Corpus Christi, TX.

48TH CRITICAL CARE CONGRESS ABSTRACTS SAN DIEGO, CALIFORNIA

Abstracts are being accepted for the 48th Critical Care Congress, February 17-20, 2019. The deadline to submit is **August 1, 2018**.

If accepted, your work will be considered for presentation at Congress. Abstracts will be published in Critical Care Medicine. Individuals whose abstracts are accepted are eligible for peer evaluation and awards. First authors who are SCCM members and non-full physicians at the time of abstract submission may be eligible for complimentary Congress registration.



"I've enjoyed being able to network with different critical care professionals from around the state and get a good yearly review with the symposium."

*Jonathan Balk, PharmD, BCCCP
SCCM Texas Chapter member since 2015*

PROGRAM COMMITTEE UPDATE

Andro Herrera-Mendoza, DBA, RRT-NPS, RPFT, FACHE

Spring has been a productive time for the Programing Committee with a broad base of critical care topics presented in our member regions. If you have not had an opportunity to actively participate in a local program, I encourage all members to utilize their member-benefit by attending and gaining insight into new modalities and treatments being practiced in critical care medicine today. As Summer approaches look for increased access to critical care programming utilizing web-based technology and regional programming. One example of improving access is evidenced by our upcoming multi-city program, *Advances in Artificial Liver Support*. This June 19th program will be hosted in San Antonio with live simulcast to Dallas and Houston. Our first regional program (*2018 Updates in Acute Stroke Intervention & Advances in Cerebral Aneurysm Treatment*) occurred on May 24th in Corpus Christi and was well received.

Region	Month	Programming
Dallas	April	Dr. Hameed Ali: VTE Prophylaxis
	June	Dr. Ram Mohan Subramanian: Advances in Artificial Liver Support
El Paso	June	Dr. Harold Szerlip: New Treatment Option for Distributive Shock
Houston	April	Cathy Trame, MS, CNS, RN: Pain Management
	April	Dr. Tony Hodges: Antimicrobial Stewardship
	May	Dr. Harold Szerlip: New Treatment Option for Distributive Shock
	June	Dr. Ram Mohan Subramanian: Advances in Artificial Liver Support
San Antonio	April	Dr. Jairo Melo: Pulmonary Hypertension & Right Heart Failure
	May	Dr. Ali Seifi: New Treatment Option for Distributive Shock
	June	Dr. Ram Mohan Subramanian: Advances in Artificial Liver Support

The Program Committee welcomes members interested in planning future chapter meetings and events! We also welcome ideas or suggestions you may have for programming across the state. If you are interested in becoming actively involved in the Program Committee, please contact Andro Herrera-Mendoza, at programs@sccmtexaschapter.org.

SCCM TEXAS CHAPTER SPEAKERS' BUREAU

The SCCM Texas Chapter Speakers' Bureau was created to identify potential speakers and presentations for use throughout the year in a variety of areas. Proposed educational topics may be selected for use at the annual Texas Chapter symposium, SCCM national congress, local meetings or other educational events. Speaker information will be maintained in a secure database that is only accessed by SCCM Texas Chapter executive council and committee chairs.

Topics submitted should be critical care in nature and be of interest to the members of our organization.

OUR MISSION

The Texas Chapter's mission is to provide its members with educational opportunities, professional resources and a chance for networking with other critical care professionals from across the region to improve the quality of critical care.

MEMBERSHIP COMMITTEE UPDATE

Maggie Ma, PharmD, BCPS

In conjunction with our upcoming annual symposium, we wanted to also announce the start of our **FLASH MEMBERSHIP DRIVE**. Starting on **July 1st**, members who refer any 5 individuals by **October 5th** will receive a free 2-day registration to our 7th Annual Symposium. In addition, you will also receive a free 1-year membership to the Texas SCCM chapter. Membership applications can be completed on our website (www.sccmtexaschapter.org) and dues can also be paid on our website with any major credit card. Texas chapter dues can also be paid through signing up with national SCCM at www.sccm.org. We highly encourage all members to join national SCCM as well!

For questions about membership, please email membership@sccmtexaschapter.org. Remember, our chapter is open to all healthcare disciplines who are involved in the care of critically ill patients. We encourage you to reach out to your colleagues and invite them to come see what our chapter is about!

CONNECT WITH US

www.sccmtexaschapter.org



SCCM Texas Chapter



@SCCMTXChapter



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Houston, TX, 77005

texaschapter.sccm@gmail.com



SCCM TEXAS CHAPTER

The Texas SCCM Chapter is a multi-professional organization composed of critical care practitioners whose purpose is to foster collaboration among caregivers at the state level for the enhancement of patient care. Members of the chapter include physicians, nurses, pharmacists, respiratory therapists, physician assistants and other healthcare professionals. Please feel free to contact any of us with questions, or regarding interest in participation. For additional information, you can visit the SCCM national website at: www.sccm.org.

We are delighted you are interested in the Texas Chapter. Should you decide to become an official member, your membership to the Chapter will allow you to further your professional successes and growth.

Editor: Annette Lista, PharmD, BCCCP
alista@houstonmethodist.org

What is the Fundamental Critical Care Support (FCCS) Course?

The Society of Critical Care Medicine's (SCCM) internationally renowned two-day FCCS course is the go-to resource for training non-intensivists, house staff, nurses, or other critical care practitioners how to manage critically ill and injured patients effectively.

Through didactic lectures, small group discussion with clinical scenario questions and skill stations with hands-on instruction and experience, the FCCS course will help to disseminate basic concepts of critical care to all professionals who may be called upon to care for severely ill patients.

The FCCS course offers new pre-and post-tests for measuring participants' growth as well as an online administrative binder, which contains the policies, processes and tools needed to offer a successful course.

Individuals who successfully complete the required provider or instructor course will receive a Certificate of Successful Completion.

Why should I attend this FCCS course?

The FCCS Course offers an approach to initial management of the critically ill patient for providers not formally trained in critical care. Participants will learn useful information about the extended care of critically ill patients, especially care related to mechanical ventilation, monitoring, organ hypoperfusion, and neurological support. Providers will receive guidance for acute problems encountered in the ICU and for sudden patient deterioration.

The FCCS Course content is an ideal curriculum for critical care residency training programs.

Who is eligible to become an FCCS Instructor?

FCCS Instructor applicants may become Instructors in any of the FCCS Provider courses as well as Instructor Courses. The necessary credentials to become an instructor include:

- SCCM Member in good standing, if a US resident
- Intensivist (determined by your country of residence)
- Physician board certified/eligible in critical care
- Nurse certified in critical care and/or baccalaureate or higher degree

For more detailed information, refer to Instructor Criteria on the FCCS Web page (www.sccm.org/FCCS).

For additional information on FCCS, contact the Hospital Relations Manager, at +1 847 493-6401 or at fccs@sccm.org.

How do I register?

Simply fill out the attached registration form and phone, mail, or fax it to the address listed on the form.

CHI-St. Joseph Health
Trauma Services
2801 Franciscan Drive
Bryan, TX 77802

Phone: 979-731-6000
Fax: 979-776-4997
E-mail: kgaskin@st-joseph.org

CME Accreditation

CHI St. Joseph Health Regional Hospital is accredited by the Texas Medical Association (TMA) to provide continuing medical education for physicians.

CME Credit

CHI St. Joseph Health Regional Hospital designates this educational activity for a maximum of

15.25 AMA PRA Category 1 Credit(s)[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**CHI St. Joseph
Health**

June 14 & 15, 2018

Course Schedule

A Standardized National Curriculum in the Basic Principles of Critical Care



**Fundamental
Critical Care
Support Provider
and Instructor
Courses**

Thursday, Day 1

7:00am Registration with continental breakfast

Participants must hand in pre-test at this time

7:30am Welcome, Announcements, FCCS Overview

7:35am Recognition & Assessment of the Seriously Ill Patient

7:55am Acute Coronary Syndrome

8:25am Diagnosis and Management of Acute Respiratory Failure

9:10am Mechanical Ventilation I

9:55am Mechanical Ventilation II

10:30am Break

10:40am Monitoring Oxygen & Acid-Base Balance

11:25am Ethics in Critical Care Medicine

12:10pm Lunch

Skills Stations

1:00pm Mechanical Ventilation I

1:50pm Non-Invasive Positive Pressure Ventilation (NPPV)

2:40pm Break

Skills Stations

2:55pm Mechanical Ventilation II

Recognition & Assessment of Seriously Ill Patient

3:40pm Switch Skills Stations

4:30pm Review Pre-Test / Adjourn

Friday, Day 2

7:00am Registration with continental breakfast / **Review of pre-test**

7:15am Management of Life Threatening Electrolyte & Metabolic Disturbances

8:00am Critical Care in Pregnancy

8:30am Life Threatening Infections

9:15am Basic Trauma & Burn Support

10:00am Break

10:15am Cardiopulmonary / Cerebral Resuscitation

10:55am Break

11:10am Diagnosis & Management of Shock

12:00pm Lunch

1:00pm Special Considerations

1:30pm Neurological Support

2:15pm Skills Stations

Integrated Sepsis Scenario

Severe Traumatic Brain Injury

3:00pm Switch Skills Stations

3:45pm Break

3:55pm **Post-Test** and Adjourn

In cooperation with:

Society of
Critical Care Medicine

The Intensive Care Professionals

Headquarters
500 Midway Drive, Mount Prospect, IL 60056-5811 USA
www.sccm.org



Fundamental Critical Care Support (FCCS)

CHI ST. JOSEPH HEALTH Bryan, TX

JUNE 14 & 15, 2018

Important Registration Information:

Email—confirmation & certificate will be sent to this address

Name

Profession / Specialty

Address Home Business

City

State

Zip

Telephone

Fax

Registration Fee:

Physician—\$450

Health Care Professional—\$300

Resident \$300

Payment Method:

Check Enclosed—Payable to St. Joseph

Charge:

Am Ex Discover MasterCard Visa

Account Number

Expiration Date

Mail: CHI St. Joseph Health

Attn: Trauma Services—FCCS

2801 Franciscan Drive

Bryan, TX 77802

Fax: 979-776-4997

Questions: 979-731-6000 or kgaskin@st-joseph.org